

Food Services



Our Food Services programme supports you in your home by providing assistance in preparing tasty and nutritious meals, menu planning and shopping by list.

02 9881 2359

Food Services

SUPPORTING YOUR NUTRITIONAL
NEEDS FOR A HEALTHY LIFE

Food Services is a programme that assists you to make healthy food choices to help you remain independent in the comfort of your own home, for as long as possible.

*Available
in South East
Sydney*

This programme can support you through:

- Assistance with menu planning
- Shopping assistance by list
- Help to prepare tasty & nutritious meals at home
- Tips for safe food storage and handling

What do Food Services cost?

KinCare's Commonwealth Home Support Programme (CHSP) services are supported by the Australian Government Department of Health. The programme is subsidised and simply requires each person to pay a small contribution towards this service.

You will require a referral code from My Aged Care to access these services and we are happy to support you every step of the way.

Give Ashleigh a call to find out how we can help you

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