

Commonwealth Home Support Programme

## Domestic Assistance

KEEPING YOUR HOME FRESH, CLEAN AND SAFE



# A little extra support

If you are looking for a little extra support with household jobs, our services can be tailored to suit your priorities and preferences – whether that's making the bed, or folding clothes.

Designed to support you with everyday domestic assistance, our services give you the peace of mind of having a fresh, clean and safe home. With a focus on partnering with you to work with you to learn or relearn skills, build confidence and independence.

With more than 25 years of experience helping people live at home independently, we know how important that is. So the better we know your preferences and priorities – the better we can support you.

Get in touch today to see how our Domestic Assistance services can help.

### How we can help

### Here are just a few of the services available:

#### Kitchen:

- Washing dishes and wiping benches, fridge and appliances;
- · Sweeping and mopping floors;
- · Cleaning cupboard doors;
- · Emptying rubbish bins.

#### Bathroom:

- Cleaning shower recess and hand basin;
- · Wiping out the bath and tiled areas;
- · Mopping the floor and dry mopping after;
- Cleaning the toilet.

#### Bedrooms and living areas:

- · Changing sheets and remaking the bed;
- Dusting furniture, vacuuming and mopping floors;
- Dusting skirting boards.

#### Laundry:

- · Hanging out or bringing in the laundry;
- · Ironing essential light items;
- Sweeping the front porch or patio area.

#### Seasonal cleans:

 Cleaning of items such as curtains, fans, linen and pantries.

#### Food and shopping:

- Preparing the weekly shopping list;
- Unassisted shopping;
- Paying bills;
- Occasional meal preparation.

#### Pets:

· Pet care including feeding, walks and grooming.



#### Our approach

KinCare offer a range of in-home and community care services for Australians who:

- Are older and in need of assistance;
- Are experiencing short or long-term health problems;
- Are carers or families who may need support or respite;
- · Have a disability.

KinCare will work with you to help you feel confident, comfortable and more independent with daily living tasks. We'll treat you with dignity and respect, supporting you to improve your quality of life. Our care is delivered at home and in the community.

For your peace of mind, our KinCare team members are trained specifically to provide in-home care and support. They have detailed reference checks, police checks, wear a uniform and carry photo identification, so you know who they are.

### What do Domestic Assistance services cost?

KinCare's Commonwealth Home Support Programme (CHSP) services are supported by the Australian Government Department of Health. The subsidy programme does not necessarily fund the full cost of the service. So each person may pay a small contribution.

Your KinCare Customer Care Manager will discuss the cost of the service at your initial consultation before services start. Payment can be made by direct debit, EFT, cheque or credit card. Special consideration is available to people experiencing financial difficulty.

#### How to arrange a CHSP Domestic Assistance service

Follow the three simple steps below. Once you're assessed as eligible, we'll match our services to suit your needs.

- 1. Visit the My Aged Care website or call the information line on 1800 200 422.
- Once assessed, choose to be with KinCare as a provider.
- 3. Call our KinCare team on 1300 733 510 to find out more.



KinCare CHSP Domestic Assistance services are available in: ACT, NSW, QLD, SA, TAS and VIC.

Funded by the Australian Government Department of Health.

Although funding for this Domestic Assistance service has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.





#### Commonwealth Home Support Programme

# In-home care for the life you choose

For over 25 years we have been putting our customers at the heart of everything we do and empowering them to live the life they want to live. Our humble beginnings as a family run and operated business run deep. What unites us is our experience and unwavering commitment to improving the quality of life for thousands of individuals and families across the country. Whilst there's always room for improvement our commitment is that we will be there with you helping out every step of the way, because that's what families do. — *KinCare, family owned and operated for over 25 years*.

Experience the KinCare difference today, contact your local team on

1300 733 510

mail@kincare.com.au