AGED CARE My Aged Care Checklist

Speaking with My Aged Care

In order to understand the type and level of care you need, the My Aged Care department will ask you a series of questions regarding your personal details and current situation. The following items are the things you'll need with you for your call with My Aged Care.

Please note, if you are calling for a loved one, you will need their consent. Alternatively, if a family member or someone you trust is calling on your behalf, you will need to give them consent.

Name, DOB of the customer, address	Next of kin / emergency contact details
Medicare number	My Aged Care letters issued
DVA (Vets) number	ACAT (ACAS in Victoria) assessment
Pension number	GP contact details
My Aged Care referral numbers (when issued in stages)	Private health details

In-home assessment

After you've spoken with My Aged Care and have been approved for a package, you will then undergo an assessment from an Aged Care Assessment Team (ACAT or ACAS in Victoria) member. They will chat to you about your current situation and work out if you are eligible to receive government-subsidised aged care services. Make sure you have the following items on hand ready for this visit.



Recent bank statements

Aged Care ID

